



Hillview Family Practice



Tel 01173015240

**We Have Ordered Your Flu
Vaccine**

Book Your Appointment Now

The vaccination is free and recommended yearly for those most at risk from flu.

This includes;

Everyone aged 65 and over

Children :

- . Children over the age of 6 months with a long-term health condition**
- . Children aged 2 and 3 years on 31 August 2020 (that is, born between 1 September 2016 and 31 August 2018).**
- . •Children with chronic (long-term) respiratory diseases, such as asthma (that requires an inhaled or tablet steroid treatment, or has led to hospital admission in the past),**

Pregnant women

Anyone living with a long term medical condition

- The injected flu vaccine is offered free of charge on the NHS to anyone with a serious long-term health condition, including:**

- chronic (long-term) respiratory diseases, such as asthma (that requires an inhaled or tablet steroid treatment, or has led to hospital admission in the past), chronic obstructive pulmonary disease (COPD), emphysema or bronchitis
- Chronic heart disease, such as heart failure
- Chronic kidney disease
- chronic liver disease, such as hepatitis
- chronic neurological conditions, such as Parkinson's disease, motor neurone disease, multiple sclerosis (MS), or cerebral palsy
- A learning disability
- Diabetes
- Problems with your spleen – for example, sickle cell disease or if you have had your spleen removed
- A weakened immune system as the result of conditions such as HIV and AIDS, or medicines such as steroid tablets or chemotherapy
- Being overweight (a BMI of 40 or above)

People with caring responsibilities

Flu vaccine for health and social care workers